

Self Defense Class (HapKiDo)

For Ages 12 & UP

Program Description & Information:

Enter our training for Self Defense Class: HapKiDo. It's safe, practical and effective. Lose weight and stay in shape, for both women and men. Learn at your own speed. This includes extensive variety of joint locks, kicks, strikes, take downs and disarming techniques.

Classes are held at Village Park.

Each student will need to have an annual membership (\$40 first-time; \$30 renewal) with the International HapKiDo Federation, SEE INSTRUCTOR AT FIRST CLASS.



Instructors: Gil Levin & Ramon Voils

Dates	Time	Fee	Code
September 4 - 29	Monday: 8-9pm Thursday: 7-8pm Saturday: 10-11am	\$70 R / \$88 NR	110227 A1
October 2 - 30 (No class: Oct. 4)	Monday: 8-9pm Thursday: 7-8pm Saturday: 10-11am	\$70 R / \$88 NR	110227 A2
November 1 - 29 (No class: Nov 8. & Nov. 27)	Monday: 8-9pm Thursday: 7-8pm Saturday: 10-11am	\$70 R / \$88 NR	110227 A3
December 1 - 29 (No class: Dec. 25)	Monday: 8-9pm Thursday: 7-8pm Saturday: 10-11am	\$70 R / \$88 NR	110227 A4



Register Online*

You can register for programs online at:
<http://webtrac.wellingtonfl.gov:8080>

By default your initial username and password are set as your Household Number. This number is found at the top left of your registration receipt.

**You must register in person the first time in order to establish a household in our system. Not all programs are available for online registration.*

Transfer & Cancellation Refund Policy:

A \$10.00 per participant / activity administrative fee will be deducted for each transfer/refund. If you are unable to participate in your program, you must notify the office before the second activity/ class to receive your refund. No refunds are issued after the 2nd class. No refunds are considered once the activity/class is over, except in the case of a documented medical emergency.

Special Assistance

If you are in need of any special assistance in order to participate in any of our programs, please call Jill Denoff, at (561) 791-4786 at least two weeks prior to the begin date of the program or class.

